

# 2017 FACULTY:

## PRESIDENTIAL SPEAKER:

**Anthony A. Romeo, M.D.**

Professor, Department of Orthopaedic Surgery, Section Head, Shoulder and Elbow Surgery, Division of Sports Medicine, Rush University Medical Center, Team Physician, Chicago White Sox and Chicago Bulls, President-Elect American Shoulder and Elbow Surgeons  
Chicago, IL

**Joseph A. Abboud, M.D.**  
Professor and Vice President  
Rothman Institute  
Shoulder and Elbow Surgery  
Thomas Jefferson University  
Philadelphia, PA

**Charles L. Getz, M.D.**  
Associate Professor  
Thomas Jefferson University  
Rothman Institute  
Media, PA

**Albert Lin, M.D.**  
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and Sports Medicine  
University of Pittsburgh, UPMC  
Center for Sports Medicine  
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**Bradford O. Parsons, M.D.**  
Chief of Shoulder Service  
Director Shoulder and Elbow Fellowship and  
Residency Program, Associate Professor and  
Vice Chairman Leni and Peter W. May  
Department of Orthopaedic Surgery  
Icahn School of Medicine, Mount Sinai  
New York, NY

**April D. Armstrong, BSc(PT), MSc, M.D., FRCSC**  
Professor Orthopaedics and Rehabilitation  
Penn State Milton S. Hershey Medical Center  
Bone and Joint Institute  
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**David L. Glaser, M.D.**  
Chief, Division of Shoulder and Elbow  
University of Pennsylvania  
Philadelphia, PA

**Jeffrey L. Lovallo, M.D.**  
Orthopaedic Surgeon  
Shoulder, Elbow, Wrist, Hand and  
Sports Medicine Specialist  
Washington Redskins Physician  
Assistant Clinical Professor  
Anderson Orthopaedic Clinic  
Arlington, VA

**Raymond A. Pensy, M.D.**  
Assistant Professor  
Division of Orthopaedic Traumatology  
R. Adams Cowley Shock/Trauma Center  
Department of Orthopaedics  
University of Maryland School of Medicine  
Baltimore, MD

**Luke S. Austin, M.D.**  
Associate Professor Orthopaedic Surgery  
The Sidney Kimmel Medical College at  
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**Lawrence V. Gulotta, M.D.**  
Shoulder Surgery and Sports Medicine  
Hospital for Special Surgery  
New York, NY

**David M. Lutton, M.D.**  
Shoulder and Elbow Surgeon Sports and  
General Orthopaedics Washington  
Circle Orthopaedic Associates  
Assistant Clinical Professor  
George Washington University  
Washington, DC

**Joshua Port, M.D.**  
Clinical Assistant Professor  
University of Pittsburgh  
Head Team Physician Altoona  
Curve AA Baseball  
University Orthopaedic Center  
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**Susan Blackmore, MS, OTR/L, CHT**  
National Director Hand Therapy  
Select Medical Outpatient Division  
King of Prussia, PA

**Daniel M. Hampton, M.D.**  
Chief of Orthopaedic Surgery  
Medstar Southern Maryland Hospital Center  
Chief Medical Officer/Head Team Physician  
DC United, Assistant Professor  
of Orthopaedic Surgery  
Georgetown University School of Medicine,  
Brandywine, MD

**Edward G. McFarland, M.D.**  
The Wayne Lewis Professor  
of Shoulder Surgery  
Director, Division of Shoulder Surgery  
The Department of Orthopaedic Surgery  
The Johns Hopkins University  
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**Matthew L. Ramsey, M.D.**  
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Sidney Kimmel College of Medicine at  
Thomas Jefferson University  
Chief, Shoulder and Elbow Service  
Rothman Institute  
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**N. Douglas Boardman, III, M.D.**  
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Virginia Commonwealth University  
Richmond, VA

**G. Dean Harter, M.D.**  
Chief Shoulder and Elbow Service  
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**Samir Mehta, M.D.**  
Orthopaedic Trauma & Fracture Service  
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**Saqib Rehman, M.D., MBA**  
Director Orthopaedic Trauma  
Associate Professor Orthopaedic Surgery  
Medical Director MMS-Physician  
Assistant Program  
Lewis Katz School of Medicine at Temple  
University  
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**Stephen F. Brockmeier, M.D.**  
Sports Medicine and Shoulder Surgery  
Associate Professor Orthopaedic Surgery  
University of Virginia Team Physician,  
UVA Athletics Director, UVA Sports Medicine  
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**G. Russell Huffman, M.D., M.P.H.**  
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**Anand M. Murthi, M.D.**  
Chief Shoulder and Elbow Surgery  
Director Shoulder and Elbow  
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Medstar Union Memorial Hospital  
MedStar Orthopaedics  
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**Paul M. Sethi, M.D.**  
The ONS Sports and Shoulder Service  
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**Gregory F. Carolan, M.D.**  
Chief, Shoulder and Orthopaedic  
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Good Shepherd Penn Partners University City  
University of Pennsylvania  
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School of Medicine  
Anderson Orthopaedic Clinic  
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Rehabilitation  
Hand Therapy Clinic  
Washington, DC

**Edward V. Craig, M.D., MPH**  
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University of Minnesota,  
Chief Executive Officer  
TRIA Orthopaedic Center  
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**James C. Krieg, M.D.**  
Director Orthopaedic Trauma  
Professor of Orthopaedic Surgery  
Rothman Institute at  
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**Robert G. Najarian, M.D.**  
Team Physician Washington Nationals  
Inova Medical Group Orthopaedics  
and Sports Medicine  
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University School of Medicine  
Virginia Commonwealth  
University School of Medicine  
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**Scott Epsley, P.T.**  
Sports Physical Therapist  
Certified Musculoskeletal Sonographer (RMSK)  
Director of Physiotherapy  
and Clinical Diagnostics  
for the Philadelphia 7ers.  
Philadelphia, PA

**Andrew F. Kuntz, M.D.**  
Assistant Professor Orthopaedic Surgery  
Perelman School of Medicine, University of  
Pennsylvania Penn Musculoskeletal Center  
Philadelphia, PA

**Surena Namdari, M.D., MSc**  
Associate Professor of Orthopaedic Surgery  
The Rothman Institute  
Philadelphia, PA

**Jason A. Stein, M.D.**  
Medstar Union Memorial Hospital  
Baltimore, MD

**Leesa M. Galatz, M.D.**  
Professor and Chairman  
Leni and Peter May Department  
of Orthopaedics  
Icahn School of Medicine Mount Sinai Health  
System  
New York, NY

**Mark D. Lazarus, M.D.**  
Professor Orthopaedic Surgery  
Rothman Institute  
Sidney Kimmel Medical College  
Thomas Jefferson University  
Philadelphia, PA

**Andrew Neviasser, M.D.**  
Associate Professor  
George Washington University  
Washington, DC

**Brent B. Wiesel, M.D.**  
Associate Professor of Orthopaedic Surgery  
Chief, Shoulder Service  
Georgetown University Hospital  
Washington, DC

**Matthew J. Garberina, M.D.**  
Summit Medical Group  
Berkeley Heights, NJ

**Brian G. Leggin, P.T., DPT, OCS**  
Lead Therapist  
Penn Therapy and Fitness at Valley Forge  
Berwyn, PA

The 7<sup>th</sup> Annual

# MID-ATLANTIC SHOULDER AND ELBOW

Society Meeting



SEPTEMBER 8, 2017

The Ritz-Carlton, Washington, DC  
1150 22nd Street, N.W.  
Washington, DC 20037

Presented by  
THE MID-ATLANTIC SHOULDER  
AND ELBOW SOCIETY



Mid-Atlantic Shoulder and Elbow Society  
P.O. Box 420942  
San Diego, CA 92142-0942



# PROGRAM

## PROGRAM CHAIRS

Joseph A. Abboud, M.D., Jack E. Kazanjian, D.O., Anand M. Murthi, M.D., Brent B. Wiesel, M.D

### Friday, September 8, 2017

7:00-8:00	<b>Breakfast/Exhibits</b>		<b>AFTERNOON SESSION</b> Moderator - Brent Wiesel, M.D.
8:00-8:05	<b>INTRODUCTION:</b> Anand Murthi, M.D., Joseph Abboud, M.D., Jack Kazanjian, D.O., FAOAO, Brent Wiesel, M.D.	1:00 -1:50	<b>The Difficult Glenoid: Bring Your A Game or Walch B or C Game That Is!</b> Moderator: Anand Murthi, M.D. Panel: Anthony Romeo, M.D., Charles Getz, M.D., Edward Craig, M.D., M.P.H., Jeffrey Lovallo, M.D. and Lawrence Gulotta, M.D.
	<b>MORNING SESSION:</b> Moderator - Jack Kazanjian, D.O, FAOAO		
8:00- 9:00	<b>Perioperative Complications: Why Did I Get Up Today and What to do Now?</b> Moderator: Joseph Abboud, M.D. Panel: Edward McFarland, M.D., Bradford Parsons, M.D., April Armstrong, BSc(PT), MSc, M.D., FRCSC, Mark Lazarus, M.D. and Douglas Boardman, III, M.D	1:50 – 2:20	<b>DEBATE – Lateralized vs. Medalized Reverse Design Shoulder Replacement</b> Moderator: Surena Namdari, M.D., MSc Lateralized – Matthew Garberina, M.D. Medalized – Mark Lazarus, M.D. PT- Martin Kelley, P.T., DPT, OCS
9:00-9:30	<b>PRESIDENTIAL SPEAKER</b> Anthony Romeo, M.D. <b>20 Years of Managing Shoulder Instability.</b>	2:30-3:10	<b>The Unstable Reverse: Why Won't This Thing Just Stay Put!</b> Moderator: Luke Austin, M.D. Panel: Anthony Romeo, M.D., Andrew Neviasser, M.D., Albert Lin, M.D., Joshua Port, M.D. and Andrew Kuntz, M.D.
9:30-10:15	<b>Managing Shoulder Instability in Athletes: Weekend Warriors to The Pros</b> Moderator: Stephen Brockmeier, M.D. Panel: Robert Najarian, M.D., Greg Carolan, M.D., Scott Epsley, P.T., Paul Sethi, M.D. and Daniel Hampton, M.D	3:10-3:40	<b>Break – Exhibits</b>
10:15-10:35	<b>Break/Exhibits</b>	3:40-3:55	<b>Surgical Video Technique: Lower Trapezius Transfer</b> Leesa Galatz, M.D.
10:35-11:20	<b>Total Elbow Arthroplasty: The Good, The Bad and Lots of Ugly. A Good Operation or the Road to Resection?</b> Moderator: Matthew L. Ramsey, M.D. Panel: David Glaser, M.D., April Armstrong, BSc(PT), MSc, M.D. FRCSC, Luke Austin, M.D., Russell Huffman, M.D., M.P.H. and Sue Blackmore, MS, OTR/L, CHT	3:55-4:45	<b>Tough Primary Cuff Repair - This Isn't Your Old Fashioned Cuff Repair. Advances and Current Surgical Techniques</b> Moderator: David Lutton, M.D. Panel: Charles Getz, M.D., Brian Leggin, P.T., DPP, OCS, Uma Srikumaran, M.D.,MBA, Lawrence Gulotta, M.D., and Sameer Nagda, M.D.
11:20-12:10	<b>Distal Humerus Fractures: Smasherama! This Ain't Tennis Elbow Surgery!</b> Moderator: Samir Mehta, M.D Panel: Raymond Pensey, M.D., James Krieg, M.D., Jason Stein, M.D., Saqib Rehman, M.D., MBA, Russell Huffman, M.D., M.P.H. and Jeffrey Smith, OTR/L, CHT	5:00 - 6:30	<b>RECEPTION/ Case Reviews</b>
12:10-1:00	<b>Lunch/Exhibits</b>		

## Course Description

The MASES course lectures are by nationally recognized experts in the field of shoulder and elbow treatment from the Mid-Atlantic region. They will provide in-depth coverage of the latest non-surgical and surgical modalities for your patients. The course will also provide opportunity for personal interaction with pre-eminent internationally recognized leaders in this area. This course is directed towards orthopedic surgeons and residents, athletic trainers, physical therapists, occupational therapists, advanced practice nurses, physician's assistants, and physicians with a particular interest in shoulder and elbow disorders.

## Course Objectives

Review critical treatment issues in the management of shoulder instability, rotator cuff tears, and the proper utilization of shoulder arthroplasty. The course will also cover the management of patients with common and complex elbow disorders. This course will provide updates on the most recent advances in the management of shoulder and elbow patients. The course will also provide practical and interactive learning opportunities for participants. This course is not currently approved for CME credits.

## Registration Fee

- Physicians \$400
- Residents/Allied Health Professionals \$200

Please register via registration form or on the web at [www.mases.info](http://www.mases.info)  
Any questions - Contact Professional Meeting Consultants, (858) 279-9955, [pmc@mtgplanner.com](mailto:pmc@mtgplanner.com).

## Location

The Ritz-Carlton, Washington, DC  
1150 22nd Street, N.W.  
Washington, DC 20037  
Phone: (202) 835-0500

## Hotel

Discounted room rates are available at the Ritz-Carlton, Washington, DC for the meeting. You can reserve online with the hotel group reservation link on our website [www.mases.info](http://www.mases.info) or reservations can be made by calling the hotel directly at (202) 835-0500.  
You **must** refer to the MASES meeting to receive the group rates. *Our room block at the hotel will be released on August 16; rooms and rate subject to availability after that date.*

## Travel

All program attendees are responsible for making their own travel arrangements.

## Cocktail Reception

A cocktail reception will follow the meeting at 5:00 pm in the Exhibit Ballroom. Cost per person is \$25 and is not included in the registration fee.

## Mid-Atlantic Shoulder and Elbow Society Meeting

### SEPTEMBER 8, 2017

### REGISTRATION FORM

You can register online at [www.mases.info](http://www.mases.info)  
Questions - Professional Meeting Consultants, call (858) 279-9955 [pmc@mtgplanner.com](mailto:pmc@mtgplanner.com)

Name: \_\_\_\_\_

Credential: MD/DO ATC PT OT PA RN Resident/Fellow

Institution: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Your confirmation will be sent by email

Registration Fee: Physician - \$400  
Residents / Allied Health Professionals - \$200

Cocktail Reception: \$25/per person \_\_\_\_\_ self \_\_\_\_\_ guest

Amount Enclosed: \$ \_\_\_\_\_

Register online at [www.mases.info](http://www.mases.info) or  
Mail the registration form with check/money order payable to:

**The Mid-Atlantic Shoulder and Elbow Society**  
P.O. Box 420942  
San Diego, CA 92142-0942

## Mid-Atlantic Shoulder and Elbow Society

Founded 2010, MASES is a non-profit organization dedicated to providing orthopaedic surgeons and allied health professional in the Mid-Atlantic region quality educational opportunities focusing on the shoulder and elbow.



American Shoulder and Elbow Surgeons Recognizes the Educational Content of this Program