

# 2018 FACULTY:

## PRESIDENTIAL SPEAKER:

**Mark A. Frankle, M.D.**  
Director, Shoulder Service, Florida Orthopaedic Institute  
Tampa, FL

**Joseph A. Abboud, M.D.**  
Professor of Shoulder & Elbow Surgery  
Senior Vice President, Rothman Institute  
The Sidney Kimmel Medical College at  
Thomas Jefferson University  
Philadelphia, PA

**Frank G. Alberta, M.D.**  
North Jersey Orthopaedic Clinic  
Glen Rock, NJ

**Evan Argintar, M.D.**  
Assistant Team Physician Washington Wizards  
Washington Hospital Center  
Washington, DC

**Luke S. Austin, M.D.**  
Associate Professor, Orthopaedic Surgery  
The Sidney Kimmel Medical College at  
Thomas Jefferson University Hospital  
Philadelphia, PA

**Mark E. Baratz, M.D.**  
University of Pittsburgh Medical Center  
Pittsburgh, PA

**John Basti, P.T.**  
Owner,  
Physical Therapy Rehabilitation Associates  
Edison, NJ

**Eric M. Black, M.D.**  
Summit Medical Group  
Florham Park, NJ

**N. Douglas Boardman, III, M.D.**  
Professor, Department of Orthopaedic Surgery  
Virginia Commonwealth University Health  
Richmond, VA

**Gregory F. Carolan, M.D.**  
Chief, Shoulder and Orthopaedic Sports  
Medicine, Director, Associate Orthopaedic  
Residency Program  
St. Luke's University Health Network  
Bethlehem, PA

**Michael G. Ciccotti, M.D.**  
The Everett J. and Marian Gordon Professor  
of Orthopaedic Surgery, Chief, Division of  
Sports Medicine, Director, Sports Medicine  
Fellowship and Research, Department of  
Orthopaedic Surgery The Rothman Institute,  
The Sidney Kimmel Medical College at  
Thomas Jefferson University  
Head Team Physician, Philadelphia Phillies and  
Saint Joseph's University  
Philadelphia, PA

**Scott Epsley, P.T.**  
Sports Physiotherapy Physical Therapist  
Registered Musculoskeletal Sonographer  
Director of Physiotherapy and Clinical  
Diagnostics for the Philadelphia 76ers.  
Philadelphia, PA

**Brian J. Galinat, M.D., MBA**  
Chairman, Department of Orthopaedic  
Surgery  
Christiana Care Health System  
Newark, DE

**Matthew J. Garberina, M.D.**  
Orthopaedic Surgeon  
Summit Medical Group  
Berkeley Heights, NJ

**Charles L. Getz, M.D.**  
Associate Professor,  
Thomas Jefferson University  
Philadelphia, PA

**Justin W. Griffin, M.D.**  
Assistant Professor, Eastern Virginia Medical  
School, Shoulder, Elbow and Sports Medicine  
Jordan-Young Institute for Orthopaedic  
Surgery and Sports Medicine  
Virginia Beach, VA

**Lawrence V. Gulotta, M.D.**  
Associate Professor, Orthopaedic Surgery  
Hospital for Special Surgery  
Weill-Cornell Medical School  
New York, NY

**G. Russell Huffman, M.D., MPH**  
Director, Shoulder and Elbow Fellowship  
University of Pennsylvania  
Philadelphia, PA

**Peter S. Johnston, M.D.**  
Centers for Advanced Orthopaedics  
Southern Maryland Orthopaedic and  
Sports Medicine  
Leonardtown, MD

**Jack E. Kazanjian, D.O., FAOAO**  
Assistant Clinical Professor,  
Department of Orthopaedic Surgery  
Philadelphia College of Osteopathic Medicine  
Premier Orthopaedic and Sports Medicine  
Associates  
Havertown, PA

**Martin J. Kelley, P.T., DPT, OCS**  
Good Shepherd Penn Partners, University City  
University of Pennsylvania,  
Department of Orthopaedic Surgery  
Philadelphia, PA

**Young W. Kwon, M.D., Ph.D.**  
Associate Professor of Orthopaedic Surgery  
Department of Orthopaedic Surgery  
New York University School of Medicine  
New York, NY

**Mark D. Lazarus, M.D.**  
Professor, Orthopaedic Surgery  
The Rothman Institute  
Sidney Kimmel Medical College  
Thomas Jefferson University  
Philadelphia, PA

**Albert Lin, M.D.**  
Assistant Professor of Orthopaedic Surgery,  
Division of Shoulder Surgery and Sports  
Medicine University of Pittsburgh,  
Rooney Center for Sports Medicine  
Pittsburgh, PA

**David M. Lutton, M.D.**  
Shoulder and Elbow Surgeon  
Sports and General Orthopaedics  
Washington Circle Orthopaedic Associates  
Assistant Clinical Professor  
George Washington University  
Washington, DC

**Augustus D. Mazzocca, M.S., M.D.**  
Director, UCONN Musculoskeletal Institute  
Professor and Chairman, Department of  
Orthopaedic Surgery, Director, UCONN  
Orthopaedic Residency Program, Gray-  
Gossling Endowed Chair of Orthopaedic  
Surgery, Orthopaedic Team Physician  
University of Connecticut Athletics  
Shoulder and Elbow Surgery  
Farmington, CT

**Edward G. McFarland, M.D.**  
The Johns Hopkins University,  
Division of Shoulder and Elbow Surgery,  
Department of Orthopaedic Surgery  
Baltimore, MD

**Anand M. Murthi, M.D.**  
Chief, Shoulder and Elbow Surgery  
Medstar Union Memorial Hospital  
MedStar Orthopaedics  
Baltimore, MD

**Sameer Nagda, M.D.**  
Anderson Orthopaedic Clinic  
Arlington, VA

**Surena Namdari, M.D.**  
Associate Professor of Orthopaedic Surgery  
The Rothman Institute  
Philadelphia, PA

**Bradford O. Parsons, M.D.**  
Vice Chair and Associate Professor  
Director, Shoulder and Elbow Fellowship  
and Residency Program, Leni and Peter W.  
May, Department of Orthopaedic Surgery,  
Icahn School of Medicine, Mount Sinai  
New York, NY

**Kevin Plancher, M.D., MPH**  
Clinical Professor  
Albert Einstein College of Medicine  
New York, NY

**Joshua Port, M.D.**  
Clinical Assistant Professor,  
UPMC Department of Sports Medicine  
Head Team Physician,  
Altoona Curve AA Baseball  
Director of Sports Medicine,  
University Orthopaedics Altoona/State College  
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**Matthew L. Ramsey, M.D.**  
Professor, Department of Orthopaedic  
Surgery Sidney Kimmel College of Medicine  
at Thomas Jefferson University  
Chief, Shoulder and Elbow Service  
Rothman Institute  
Philadelphia, PA

**Anthony A. Romeo, M.D.**  
Managing Partner,  
Rothman Orthopaedics  
New York, NY

**Paul M. Sethi, M.D.**  
The ONS Sports and Shoulder Service  
Greenwich, CT

**Uma Srikumaran, M.D., MBA, MPH**  
Assistant Professor  
Johns Hopkins School of Medicine  
Baltimore, MD

**Sarah Ulcoq (MOTR/L)**  
Force Therapeutics  
New York, NY

**Russell F. Warren, M.D.**  
Hospital for Special Surgery  
New York, NY

**Stephen C. Weber, M.D.**  
Assistant Clinical Professor,  
Department of Orthopaedics,  
The Johns Hopkins Medical School  
Baltimore, MD

**Brent B. Wiesel, M.D.**  
Associate Professor of Orthopaedic Surgery  
Chief, Shoulder Service  
Georgetown University Hospital  
Washington, DC

**Gerald R. Williams, Jr., M.D.**  
The John Fenlin, Jr., MD Professor of  
Shoulder and Elbow Surgery  
Department of Orthopaedic Surgery  
The Rothman Institute  
The Sidney Kimmel Medical College at  
Thomas Jefferson University  
Philadelphia, PA

**Joseph D. Zuckerman, M.D.**  
Walter A.L. Thompson Professor of  
Orthopedic Surgery  
Chairman, Department of Orthopaedic  
Surgery  
NYU School of Medicine  
NYU Langone Health  
New York, NY



Mid-Atlantic Shoulder and Elbow Society  
P.O. Box 420942  
San Diego, CA 92142-0942

The 8<sup>th</sup> Annual

# MID-ATLANTIC SHOULDER AND ELBOW

Society Meeting



September 7, 2018

The Ritz-Carlton, Washington, DC  
1150 22nd Street, N.W.  
Washington, DC 20037

Presented by  
THE MID-ATLANTIC SHOULDER  
AND ELBOW SOCIETY



# PROGRAM

## PROGRAM CHAIRS

Joseph A. Abboud, M.D., Jack E. Kazanjian, D.O., Anand M. Murthi, M.D., Brent B. Wiesel, M.D.

### Friday, September 7, 2018

7:00-8:00	<b>Breakfast/Exhibits</b>	12:00-1:00	<b>Lunch/Exhibits</b>
8:00-8:05	<b>INTRODUCTION:</b> Anand Murthi, M.D., Joseph Abboud, M.D., Jack Kazanjian, D.O., FAOAO, Brent Wiesel, M.D.		<b>AFTERNOON SESSION</b> Moderator - Jack Kazanjian, D.O., FAOAO
	<b>MORNING SESSION:</b> Moderator - Joseph Abboud, M.D.	1:00 -1:50	<b>Rotator Cuff Tears in the 67 Year Old: What's in the Toolbox? Rehabilitation, Repair, Replace, Tendon Transfer, Balloon, Superior Capsular Reconstruction; Does Any of This *&amp;^ Work?</b> Moderator: Anand Murthi, M.D. Panel: Surena Namdari, M.D., MSc, Eric Black, M.D., Matthew Garberina, M.D., Stephen Weber, M.D., Uma Srikumaran, M.D., MBA, MPH, John Basti, P.T.
8:05- 8:50	<b>Don't You Forget About Me: Humeral Sided Bone Loss in Revision Shoulder Arthroplasty!!</b> Moderator: Brent Wiesel, M.D. Panel: Lawrence Gulotta, M.D., Anthony Romeo, M.D., David Lutton, M.D., Edward McFarland, M.D., Mark Frankle, M.D.	1:50-1:55	<b>LIFETIME ACHIEVEMENT AWARD</b> Recipient: Joseph Zuckerman. M.D.
8:50-9:20	<b>PRESIDENTIAL SPEAKER</b> Mark Frankle, M.D.	1:55-2:30	<b>Acromioclavicular Joint Injuries. So Many Ways, So Few Answers!</b> Moderator: Gus Mazzocca, M.S., M.D. Panel: Greg Carolan, M.D., Albert Lin, M.D., Russell Warren, M.D. Evan Argintar, M.D., Martin Kelley, P.T., DPT, OCS.
9:20-10:00	<b>DEBATE – Reverse Shoulder Replacement: Lateral , Medial and/or Combined - What Should I Choose and Why?</b> Moderator: Bradford Parsons, M.D. Lateralized- Mark Frankle, M.D. Grammont Style- Gerald Williams, M.D. Combined- Joseph Zuckerman, M.D.	2:30-2:50	<b>Break – Exhibits</b>
10:00-10:20	<b>Break/Exhibits</b>	2:50-3:30	<b>Regenerative Medicine Options in Athletes: Medicine or Myth?</b> Moderator: David Lutton, M.D. Panel: Kevin Plancher, M.D., MPH, Russell Warren, M.D., Jack Kazanjian, D.O.,FAOAO, Anthony Romeo, M.D., Scott Epsley, P.T.
10:20-10:35	<b>Video: Glenoid Revision Techniques in Shoulder Replacement</b> Mark Frankle, M.D.		<b>Guided Glenoid Planning: State of the Art or Standard of Care?</b> Moderator: Mark Lazarus, M.D. Panel: Joseph Zuckerman, M.D., Bradford Parsons, M.D., Mark Frankle, M.D., Lawrence Gullotta, M.D., Peter Johnston, M.D,
10:35-11:10	<b>Tommy John in Da House: Management of Medial Collateral Ligament Injuries: Repair, Reconstruct, and Rehabilitate.</b> Moderator: Michael Ciccotti, M.D. Panel: Russell Huffman, M.D., MPH., Frank Alberta, M.D., Joshua Port, M.D., Mark Baratz, M.D., Scott Epsley, P.T.	3:30-4:15	<b>Whole Lotta Complications Goin On? What Would You Do on the Fly?</b> Moderator: Brian Galinat , M.D., MBA Panel: Gerald Williams, M.D., Douglas Boardman, M.D., Luke Austin, M.D., Justin Griffin, M.D., Kevin Plancher, M.D .,MPH
11:10-12:00	<b>I'm Not Scared: Your Guide to Outpatient vs. Inpatient Shoulder Replacement. PT or NO PT; Surgeon and Therapist; Application Based Therapy.</b> Moderator: Matthew Ramsey, M.D. Panel: Sameer Nagda, M.D., Sarah Ulcoq, MOTR/L, Charles Getz, M.D., Young Kwon, M.D., Ph.D., Paul Sethi, M.D., Kevin Plancher, M.D. MPH	4:15-5:00	
		5:00 - 6:30	<b>RECEPTION/ Case Reviews</b>



American Shoulder and Elbow Surgeons Recognizes the Educational Content of this Program

## Mid-Atlantic Shoulder and Elbow Society Meeting

SEPTEMBER 7, 2018

### REGISTRATION FORM

You can register online at [www.mases.info](http://www.mases.info)  
Questions - Professional Meeting Consultants,  
call (858) 279-9955 [pmc@mtgplanner.com](mailto:pmc@mtgplanner.com)

Name: \_\_\_\_\_

Credential: MD/DO ATC PT OT PA RN Resident/Fellow

Institution: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Your confirmation will be sent by email

Registration Fee: Physician - \$400  
Residents / Allied Health Professionals - \$200

Cocktail Reception: \$25/per person \_\_\_\_\_ self \_\_\_\_\_ guest

Amount Enclosed: \$ \_\_\_\_\_

Register online at [www.mases.info](http://www.mases.info) or

Mail the registration form with check/money order payable to:

The Mid-Atlantic Shoulder and Elbow Society  
P.O. Box 420942  
San Diego, CA 92142-0942

### Mid-Atlantic Shoulder and Elbow Society

Founded 2010, MASES is a non-profit organization dedicated to providing orthopaedic surgeons and allied health professional in the Mid-Atlantic region quality educational opportunities focusing on the shoulder and elbow.

### Course Description

The MASES course lectures are by nationally recognized experts in the field of shoulder and elbow treatment from the Mid-Atlantic region. They will provide in-depth coverage of the latest non-surgical and surgical modalities for your patients. The course will also provide opportunity for personal interaction with pre-eminent internationally recognized leaders in this area. This course is directed towards orthopedic surgeons and residents, athletic trainers, physical therapists, occupational therapists, advanced practice nurses, physician's assistants, and physicians with a particular interest in shoulder and elbow disorders.

### Course Objectives

Review critical treatment issues in the management of shoulder instability, rotator cuff tears, and the proper utilization of shoulder arthroplasty. The course will also cover the management of patients with common and complex elbow disorders. This course will provide updates on the most recent advances in the management of shoulder and elbow patients. The course will also provide practical and interactive learning opportunities for participants. This course is not currently approved for CME credits.

### Registration Fee

- Physicians \$400
- Residents/Allied Health Professionals \$200

Please register via registration form or on the web at [www.mases.info](http://www.mases.info)  
Any questions - Contact Professional Meeting Consultants,  
(858) 279-9955, [pmc@mtgplanner.com](mailto:pmc@mtgplanner.com).

### Location

The Ritz-Carlton, Washington, DC  
1150 22nd Street, N.W.  
Washington, DC 20037  
Phone: (202) 835-0500

### Hotel

Discounted room rates are available at the Ritz-Carlton, Washington, DC for the meeting. You can reserve online with the hotel group reservation link on our website [www.mases.info](http://www.mases.info) or reservations can be made by calling the hotel directly at (202) 835-0500.

You must refer to the MASES meeting to receive the group rates. Our room block at the hotel will be released on August 15; rooms and rate subject to availability after that date.

### Travel

All program attendees are responsible for making their own travel arrangements.

### Cocktail Reception

A cocktail reception will follow the meeting at 5:00 pm in the Exhibit Ballroom. Cost per person is \$25 and is not included in the registration fee.